

Tooth Times

An Oral Health Curriculum For Kindergarten – Grade 6

**Developed by the Maine Bureau of Health
Division of Community Health
Oral Health Program**

Tooth Times is a comprehensive and sequential oral health curriculum developed to be utilized as a component of comprehensive school health education.

The curriculum is prepared in a format designed to promote ease of use. Lessons may be taught in their entirety, by concept, or by individual strategies. Teachers may choose to do ongoing oral health units on oral health or teach short segments of oral health throughout the year. The guide includes curriculum components, instructional strategies that encourage active student participation, and materials including handouts and copies for transparencies.

Tooth Times includes information on brushing, flossing, and the need for regular dental care as well as preventive modalities including dental sealants, nutrition and mouthguards. The guide fuses the learning process and the life experiences that students bring to class.

To obtain a copy of the curriculum contact:

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